



8th - 12th February 2021

Meal times

Breakfast: everyday 8:30-10:15

Lunch: everyday 12:00-14:00

Got a craving?

Send your food requests at: [email address]

What's cooking?

Sometimes menu items need to change at the last minute due to availability.

Monday - British

Mains

Quorn Cottage Pie

Bay steamed salmon w/
compressed cucumber

Grilled sirloin steak w/ creamy
mushroom sauce

All served w/

Garlic roast celeriac

Roast Heritage Carrots

Purple sprouting broccoli

Salads

Slow roast tomato, lentil & herb
salad

Green beans, toasted almonds,
frisee & fennel

Cold dish

British cheese plate

Soup

Curried Cauliflower Soup

Tuesday - Thai

Mains

Thai red curry stir fry w/ tofu,
green beans & aubergine

Rainbow veg, peanut & prawn
stir fry

Thai basil chicken

All served w/

Stir fry noodles

Sauteed mushrooms & bok choy
w/ tamari & ginger

Carrots

Salads

Green papaya salad

Cucumber, spinach, edamame &
peanut crunch salad

Cold dish

Thai chilli beef w/ rice noodle
salad

Soup

Mixed veg tom yum

Wednesday - Roast

Mains

Smoked cheddar, cauliflower &
leek pithivier

Roast cod

All served w/

Roast Potatoes

Sauteed savoy cabbage &
onions

Green beans

Salads

Heritage roast carrots, toasted
seeds & watercress

Grilled greens

Cold dish

Smoked salmon scotch egg

Soup

Broccoli & Stilton

Treat

Apple crumble tarts w/ crème
anglaise

Thursday - Lebanese

Mains

Sweet potato falafel

Za'atar roast bass

Spiced lamb kofte

All served w/

Couscous

Roast courgettes & spring
onions w/ onion seeds

Cauliflower

Salads

Orange, herb, baby spinach,
apple & freekeh w/ pistachios,
dates, red onion & feta

Cold dish

Tomato, za'atar & halloumi
manakish

Soup

Coconut, turmeric & lentil w/ red
chilli

Friday - BYO Bao

Mains

Hoisin jackfruit

Crispy salt & pepper chicken

Chopped brisket

All served w/

Bao buns

Stir fry sesame veg & noodles

Sugar snaps

Salads

Kung poa lotus root salad w/
celery and peppers

Edamame, wakame, sesame &
red cabbage salad w/ ginger &
tamari dressing

Cold dish

Prawn mango & chilli salad

Soup

Potato & smoked cheese

Treat

Mandarin chocolate delicé